

## *facts about...*

### ***Laboratory - 24 Hour Urine Collection***

**Description:** Your doctor has requested that a 24-hour urine specimen be tested in the laboratory. Please know that the bottle provided may contain a corrosive liquid or powder preservative. The safety precautions for this preservative are noted on the outside of the bottle along with the type of preservative and amount.

**What to expect:** You will be provided a urine collection bottle, collection hat and collection form (RSCH) to bring home with you to collect your 24-hour urine specimen.

**What to do:** **Collection Instructions:**

**Keep bottle refrigerated and capped during collection**

1. **CAUTION:** If your bottle has a preservative in the bottle, be very careful with the preservative in this bottle. It will burn your skin and clothing. Do not remove the preservative.
2. When starting your collection VOID and DISCARD the first urine.  
Label the bottle with your full name, date of birth and note the start date and time on the bottle label in the appropriate space.
3. Collect **ALL** urine for 24 hours, INCLUDING the last urine exactly 24 hours after starting your collection. Write the finish date and time on the bottle label in the appropriate space.
4. Upon completion return the bottle to one of the Hospital Laboratory or Draw Station locations within 24 hours.

**Where to go:** Any of the Laboratory locations at Evanston, Glenbrook, Highland Park, Skokie, Swedish Hospitals or a Patient Service Center.

Laboratory site information can be located at  
<https://www.northshore.org/apps/findalocation>

Bring the 24-hour bottle, collection form (RSCH) and physician order if not previously placed in Epic along with billing and/or insurance information.

**Who to call if you have questions:** If you have questions or would like additional information, call NorthShore Laboratory Services (NSLS) at (847) 663-2100.